

## Academy Policies & Rules

Our goal at AMJ Tennis Academy is to instill in our juniors great qualities necessary for success in tennis as well as life! Establishing goals, commitment, accepting responsibility, and thriving on challenges are pillars of character that allow our juniors to succeed today on the courts and tomorrow in their lifelong pursuits.

### Rules:

- Have a positive attitude
- Commit to improving
- Be on time
- Focused attention during training
- Racquet or Ball abuse prohibited
- Bad language or behavior prohibited
- Proper equipment expected (2 freshly strung racquets, no running shoes)
- Players must commit to play in 1 tournament per month during the school year, and 2 tournaments per month during the summer season

Learn tennis the  
*Right Way,*  
right from  
*The Start!*



## Academy Director Aubrey Jackson

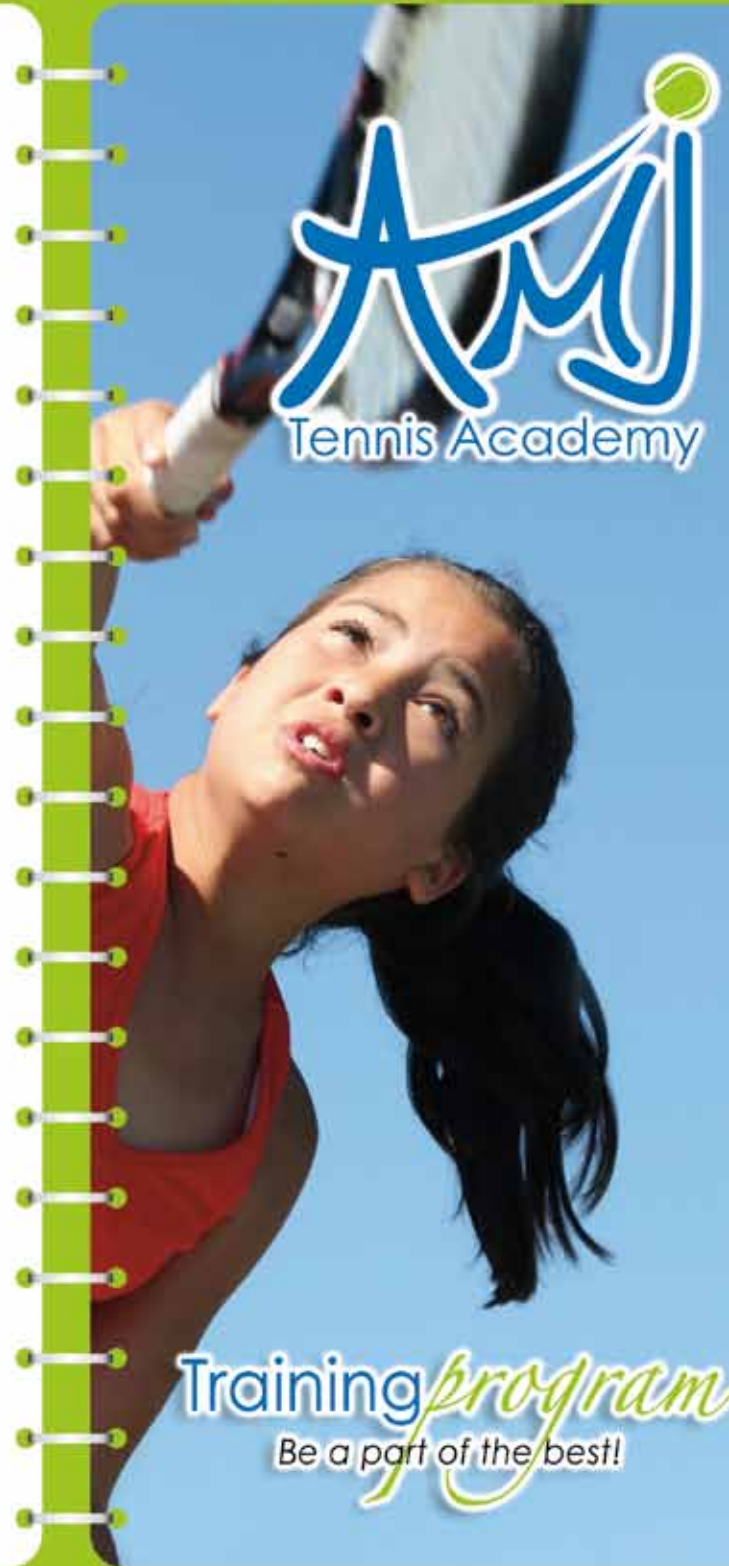
Aubrey is a native of Atlanta, He grew up playing tennis at East Lake Tennis Center in Decatur, He is a USPTR professional with over 25 years experience. He has served as Tennis Director at Four Seasons, T.W. Briscoe Park, Rock Chapel YMCA and Collins Hill Athletic Club. Aubrey has coached numerous state, sectional and nationally ranked junior players, as well as adult city champions in ALTA and USTA.



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*Training program*  
Be a part of the best!

## 10-Under Tennis | 4-10

Tennis is the fastest growing sport in America today. A recent change in teaching methodology for kids 10 & under is now being taught around the country and is available at AMJ Tennis Academy. These methods adapt court lengths and ball types in an age appropriate fashion.

### **Munchkins | Ages 4-7 | \$135/Month**

This age group will train on a 36' court using a 23" racket and use red low compression balls. The class is limited to six students per class. Each new student will receive a racket and a practice ball.

### **Racket Launchers | Ages 8-10 | \$135/Month**

This age group will train on a 60' court using a 25" racket and use orange low compression balls. This class is limited to 8 students per class. Each new student will receive a new racket and a practice ball.

### **Program Schedule**

Monday & Wednesday | 5:30pm-6:30pm

## FutureStars Academy | 10-12

Our goal is to give our "future stars" the opportunity to be trained by the AMJ approach from an early age. The program will teach kids the basic fundamentals of tennis focusing on technique, strategy, patterns of play, point setup and matchplay, while making the game fun at the same time!

Once the student becomes the right age, or a coach believes they are prepared to move up, they can have a successful transition into our Junior Academy.

### **Monthly Training Rates**

\$175/Month

### **Program Schedule**

Monday & Wednesday  
6:30pm-8:00pm



## Junior Academy | 10-18

This is a complete training program designed to teach kids of all levels.

It is our goal to provide the utmost in quality, value, and consistency towards the development of your junior tournament player. You will find within our program everything required to meet the needs of training tournament level juniors.

Our high performance professionals are solely dedicated to the complete development of every academy junior, both on and off the court.

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### **Monthly Training Package**

\$260/Month

### **Academy Highlights**

- Ages 10-18
- On-Court Training
- High Performance Conditioning
- Mental Toughness Training
- Focus/Concentration
- Handling Pressure
- Match Evaluations
- Tactics and Patterns of Play
- Video Analysis (Quarterly)
- Tournament Warm-Ups
- Indoor Conditioning
- Plyometrics

### **Intermediate Training Schedule**

Monday & Wednesday  
5:30pm-7:30pm

### **Advanced Training Schedule**

Tuesday & Thursday  
5:30pm-7:30pm

### **Summer Schedule**

Monday - Thursday | 10:00am-12:00pm  
Match Play | 1:00pm-3:00pm

## Summer Camps

Looking for a rewarding experience and a sport that promotes fun, fitness and friends?

AMJ Tennis Academy Summer Camps provide a fun group environment that will challenge kids and allow them to experience friendly competition.

The goal of Summer Camp is to foster a child's interest in tennis by turning learning into fun.

The desire of our staff is to give the kids a fun, festive atmosphere where they can play tennis, be themselves, and learn the importance of being a team player

### **Camp Highlights**

- Drills
- Safe and Fun Environment
- Match Play
- Daily Snacks
- Games
- 6:1 Camper/Instructor Ratio
- Camp T-Shirt
- Certified Staff of Professionals
- Tournament with Awards Presentation
- Fun!

### **What Should You Bring?**

- Tennis Racket and Shoes
- Sunscreen
- Hat
- Swimsuit and Towel
- Water Bottle
- LUNCH (available for purchase at EPIC Café)
- Books and Games
- Spending Money

### **Camp Dates**

June 4-7  
June 11-14  
June 18-21  
July 9-12  
July 16-19  
July 23-26

### **Camp Rates**

\$150 Half Day  
\$250 Full Day  
Ask about our discount for families or multiple weeks.

### **Camp Schedule**

Half Day | 8:30am-12:30pm  
Full Day | 8:30am-4:00pm